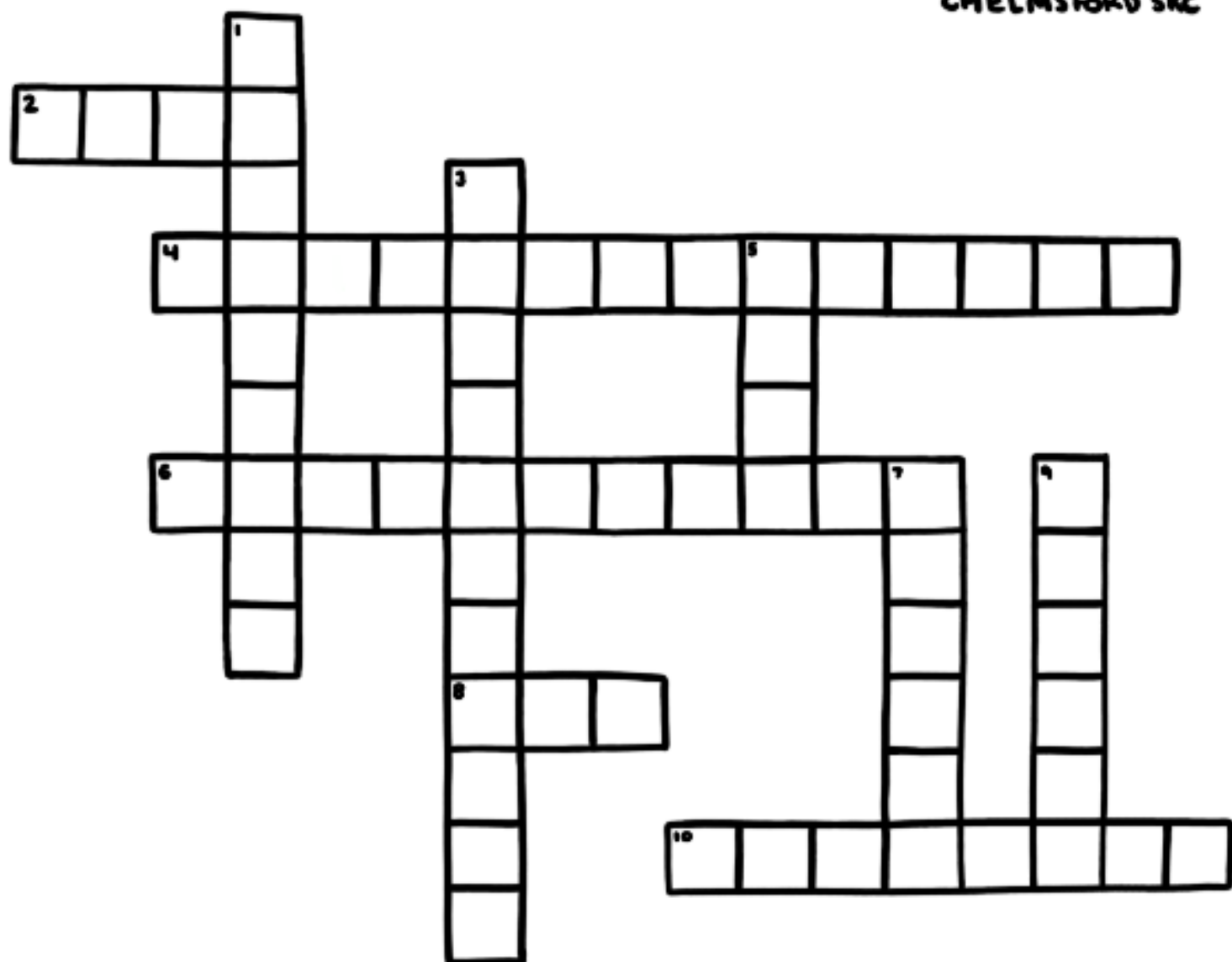


CROSSWORD 1

CHELMSFORD SKC



ACROSS

- 2 The amount of Shuto's in Heian Shodan.
- 4 The English translation of "Shuto Uke".
- 6 The English translation of "Age Uke".
- 8 The amount of side snap kicks in Heian Nidan.
- 10 The English translation for "Yokogeri".

DOWN

- 1 The English translation for "Maegeri".
- 3 The kata learnt at orange belt.
- 5 The Japanese word for "Training Hall".
- 7 The Japanese word for "Sparring".
- 9 The Japanese word for "Teacher".